

Botox

Are you starting to notice the signs of ageing? Do you look at your face and notice lines appearing that weren't there a few years ago? If so, Botox could be the answer.

Unfortunately as we get older lines can start to appear on our face giving us the signs of ageing. Frown lines, crow's feet and laughter lines can all make us look older. These lines are expression lines and are caused by over active muscle movement. As we get older this movement starts to break down the collagen in our skin and lines can start to appear.

Botox is the most effective treatment to subtly reduce these wrinkles.

Not only does it treat existing lines but it can also stop new ones forming and is therefore still the most popular non surgical technique for reducing the signs of ageing.

Frequently asked questions:

Who is it for?

What can I expect?

What does surgery involve?

What will recovery look like?

What are the possible risks or complications?

Who is it for?

- Anyone who has visible expression lines on their face which make them look older.
- Anybody who already has expression lines which make them lose confidence.
- People who want to slow down the development of new expression lines.

What can I expect?

Botox only works on the lines on the face that are caused by muscle contraction, otherwise known as expression lines. Botox is a great non invasive solution for smoothing these lines. It works by blocking the impulses from the nerves to these small muscles.

Botox however will not work to smooth skin that is sagging due to ageing or due to sun damage.

Botox usually lasts for between 3 to 6 months. During this time the effects will gradually wear off so this is a procedure which needs to be repeated to keep its effect.

What does surgery involve?

Botox is a simple and safe procedure where a very small needle injects minute quantities into the areas of the face where it is needed. As such a small needle is used and a small quantity of Botox used there is very little pain associated with this procedure.

What will recovery look like?

You should start to see the effects of the Botox a day or two after your injections. The full impact should be noticeable after a week.

As soon as you have had Botox you can resume normal activities.

What are the possible risks or complications?

Botox is an extremely safe procedure and risks or complications are rare. Some of the risks which can be associated with Botox are localised bruising and swelling or a slight redness of the skin. All of these are temporary and subside after a few days.

In very rare cases Botox migration of the toxin can cause temporary weakness to surrounding muscles. Side effects like drooping of an eyelid or asymmetry of facial expressions are therefore very rare and wear off as the Botox wears off.